

for
Vinnie

Some words of wisdom
— and then some —

It used to be in The Olden Days,
that people would drink from rivers & bays
wherever they paddled, the water was clear
and where they paddled, no people were near.

So, they scooped up the water & just drank
their fill

And they kind of got pooped & really, really
felt ill!!!

Their sickness was caused by stuff in the water
the stuff was put there by Beavers & otters
and sometimes by moose

and sometimes by mice

and who knows - could it be - sometimes
by Lice?

So, filter your water, filter your tea -
and when you are filtering
think of Giardia and me!

Oh! Think of Mom, too, and also of Sue -
Sue was the one who gave Mom a clue!

Happy Birthday, Virginia
Peace. Love. Padden!